



THE THRIVE CLAN

THE WELLBEING PARTNERSHIP

A private, year long relationship for those whose lives carry unusual weight and who have nowhere to set it down.

PRIVATE. PERSONAL. LONGITUDINAL.

| You have people who advise you.

| People who report to you.

| People who depend on you.

What you do not have is a place where you are simply a person, considered honestly, without performance, by someone who is with you through the context and does not need it explained again.

The more responsibility you carry, the harder that becomes to find. Visibility makes privacy harder to protect. Wealth complicates the relationships closest to you. Achievement can leave you unsure where the work ends and you begin.

This Partnership exists for that gap.

A private, annual retained relationship with Judith Gbadebo, Psychologist & Wellbeing Partner.

It is not therapy, coaching, crisis support, or a programme. It is a long view of you: your circumstances, relationships, responsibilities and the person you are becoming, held by someone who knows you as an individual and stays through your changing life circumstances.

Judith works with a deliberately small number of people. That is what makes the continuity possible.

- One partner throughout

- Progress review at six months and a year end review

- Private and primarily virtual

- Confidential by design

It sits alongside your physicians, legal, financial and other advisers; it does not replace them. It is not medical care, mental health treatment, crisis response or financial advice.

Is this for you?

THIS IS LIKELY FOR YOU IF

- Your life carries real responsibility, visibility, wealth or public expectation, and the psychological weight of that is not something you can discuss anywhere else.
- You want someone who already knows the whole context, rather than starting from scratch each time.
- You value honest, independent counsel over agreement.
- You are ready to commit to a year, and to speak openly.

THIS IS PROBABLY NOT FOR YOU IF

- You need crisis support, medical or psychiatric care.
- You want a short programme, or one issue solved quickly.
- You are looking for business, financial or legal advice.

The common thread is not profession, title or net worth. It is the complexity of the life being lived.

FOUNDERS · SENIOR EXECUTIVES · WEALTH STEWARDS
FAMILY BUSINESS PRINCIPALS · ATHLETES · ARTISTS
PUBLIC FIGURES · PHILANTHROPISTS

Four areas. One life.

01

IDENTITY

Who you are beyond achievement, position and public image.

02

RELATIONSHIPS

Trust, intimacy and discernment, where wealth, status or visibility complicate them.

03

CAPACITY

Protecting the psychological capacity to lead, decide and carry responsibility without sacrificing yourself.

04

LEGACY

Not only what you build or inherit, but who you become in the process.

Twelve months. A Wellbeing partner. A rhythm to support you.

The year opens with an intensive foundation period, then settles into an ongoing cadence adjusted by mutual agreement when life demands more. Communication between sessions is included, within agreed boundaries. Reviews at six months and at year end.

ANNUAL PARTNERSHIP INVESTMENT

US\$188,000

The retainer secures the partnership for twelve months.

Places are intentionally limited, and Judith accepts only a small number of new partnerships each year. The limit is deliberate: it protects the depth, discretion and continuity this work requires and ensures the Partnership is entered into seriously by both sides.

HOW TO BEGIN

01

Apply

Share the circumstances you are navigating, and what you hope the relationship will hold.

02

Review

Each application is considered individually, to select aligned prospective clients. Because places are limited, where capacity is reached suitable applicants may be invited to a private waiting list.

03

Alignment Meeting

If your application is accepted, you will be invited to a private conversation with Judith Gbadebo, to see whether the fit is right for both of you.

SUBMIT YOUR APPLICATION HERE

tally.so/r/wkD486

Submitting an application does not guarantee acceptance.

Judith Gbadebo

Psychologist & Wellbeing Partner
Founder, The Thrive Clan

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